## **ARCOM** Curriculum at a Glance

|            | July Winte   | r Break June                         |
|------------|--|--------------------------------------|
| YEAR ONE   | BECOM 1  | BECOM 2                              |
|            | Anatomy 1  | Anatomy 2                            |
|            | Foundations of Patient Care 1  | Foundations of Patient Care 2        |
|            | Osteopathic Principles & Practices 1   | Osteopathic Principles & Practices 2 |
|            | Capstone 1   | Foundations of Healthcare 1          |
| YEAR TWO   | BECOM 3  | BECOM 4 Board Prep                   |
|            | Foundations of Patient Care 3  | Foundations of Patient Care 4        |
|            | Osteopathic Principles & Practices 3   | Osteopathic Principles & Practices 4 |
|            | Foundations of Healthcare 2  | Capstone 2                           |
| YEAR THREE | Core Rotations: Osteopathic Principles and Practices, Family Medicine, Internal Medicine 1&2, Pediatrics, Ob/GYN, Psychiatry, Surgery, Rural or Underserved, Non-Clinical Elective, Surgical Elective, Vacation. |                                      |
| YEAR FOUR  | Emergency Medicine, Vacation, 9 Electives  |                                      |

**BECOM** = Biomedical Essentials of Comprehensive Osteopathic Medicine. This course is our integrated medicine course. It combines biochemistry, physiology, microbiology, pathology etc. The first semester is foundational. The rest is broken up into systems like cardiology, hematology etc. It aligns with anatomy and the skills lab courses as well as opp to provide your foundation of diagnosis and treatment of your patients.

**Anatomy** is a cadaver based anatomy course. We believe in hands on learning and that putting a scalpel in your hand to explore the human body is essential to creating the best doctors possible.

**FOPC** = Foundations of Patient Care is out doctoring skills course. It includes standardized patient contact as well as our Simulation hospital and all of the procedures students love to learn including ultrasound. We get our students in front of standardized patients within their first month of school starting.

**OPP** = Osteopathic Principles and Practices is the hands-on diagnosis and treatment skills course that is unique to DO schools. Students become experts and the musculoskeletal system and very comfortable with physical diagnosis.

**Capstone** is where students learn about evidence-based medicine and research. Here they also obtain all of the certifications needed to get out in front of patients such as HIPPA, OSHA Blood borne pathogens etc. In the first semester, this course culminates in an early clinical experience. This is not just shadowing. We want you interacting with people, so we encourage, health fairs, EMS ride-alongs, service projects etc..

FHC = Foundations of Heath Care is a health system science course that teaches you how to navigate and eventually improve our health system.